

Nuts & Dry Fruits

POPCORN CARAMEL - CORCAR



Caramel Popcorn - 0.5 kg -

Caramel Popcorn - 6 kg -

Caramel Popcorn is light fluffly white popped corn, coated in the most delicious, caramelised butter coating which melts with every mouthful. A great South African social snack.

ALMOND NPS - ALM001



Almond NPS Raw - 0.5 kg

Almond Roasted & Salted - 0.5 kg

Almond NPS Raw - 22.68 kg

The NPS almond is of good size with a lighter skin tone, and sweeter in taste. An excellent health snack eaten either raw, roasted or spiced with various salts.

CASHEW WHOLE WHITE W320 - CAS001



W320 Raw Cashew - 0.5 kg

W320 R&S Cashew - 0.5 kg

W320 Peri-Peri Cashew - 0.5 kg

W320 Jalepeno Cashew - 0.5 kg

W320 Raw Cashew - 22.68 kg

The cashew is a kidney shaped nut. Has a unique buttery taste, with a creamy texture and can vary from a pale ivory to light ash-grey in colour. A tantalising social snack when roasted and flavoured.

JAPANESE RICE CRACKERS - CRACJAP



Rice Cracker - 0.5 kg

Rice Cracker - 5 kg

Rice crackers vary in both shape and size, as well as colours ranging from browns, reds, greens, whites and beige. Has a light crisp texture, with different oriental flavours. An ideal party snack.

CRANBERRIES DRIED - FRUCRAN001



Cranberries - 0.5 kg

Cranberries Whole - 11.34 kg

The cranberry is rich red in colour, with a soft pitted texture to it. Has a sweet sour taste and has high trace elements of Vitamin A and C. A healthy fruit to snack on or use in baking or breakfasts.

CAKE MIX (SUPER)



Super cake mix - 0.5 kg
 Super cake mix - 15 kg

A moist mix of red and green cherries, sultana, raisin and seasoned with blanched flaked almonds....

ASSORTED NUTS WITH PEANUTS R&S



Asstd Nuts with Peanut - 0.5 kg -

A roasted blend of salted Macadamias, Almonds, Cashews, Pecans, Brazils and Blanched Giant Peanut.

Popular Products

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 Almond Roasted & Salted - 0.5 kg
 Almond NPS Raw - 22.68 kg

The NPS almond is of good size with a lighter skin tone, and sweeter in taste. An excellent health snack eaten either raw, roasted or spiced with various salts.

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SUNFLOWER SEEDS - SEESUN001



Sunflower Seeds 0.5 kg
 Peanut Redskin Raw 25 kg

This seeds is off-white or light grey in colour, with a brittle texture and a nutty flavour to it. Is ideal for snacking, toasting and tossing over salads or breakfast when toasted.

BREAKFAST BOOSTER



Breakfast booster - 0.5 kg

A mouth watering burst of mixed nuts and 7 various types of dried fruit. A nutritionist's delight.

LINSEED - SEELIN



Linseed - 0.5 kg

Linseed - 25 kg

Linseed are oval in shape and small in size. Have a shiny rich dark brown shell, with a nut-like texture. Once roasted, a great booster and ingredient to sprinkle over salads.

PUMPKIN GREEN - SEEPUM001



Pumpkin Seeds - 0.5 kg

Pumpkin Seeds - 25 kg

The seeds are flat, green elliptical, with a thin seed coat. The seeds may be toasted and eaten like nuts or sprinkled over a green salad.

RAISIN DRIED - FRURAI001



Jumbo Raisins - 0.5 kg

Raisins - 0.5 kg

Raisins Medium Choice - 12.5 kg

Raisins Medium Standard - 12.5 kg

Raisin Medium Industrial - 12.5 kg

Raisin Jumbo Standard - 15 kg

Medium choice raisins are dark in colour, with a soft granular texture to it. Is rich in flavour, and an excellent snack or baking ingredient enriched with Vitamin A and Phosphorous.

MANGO STRIPS - FRUMAN001



Mango strips - 0.5 kg

Mango strips are bright yellow in colour, with a soft dry, chewy texture. Has a tropical tangy taste which is a delicious snack

WALNUT LIGHT HALVES - WAL001



Walnut Halves - 0.5 kg

Walnut Halves - 10 kg

Walnut halves are light golden brown in colour, having the same features to that of the pecan. Only more circular. Have a crisp texture and a distinct bitter flavour. Can either be used as a healthy snack, or tossed over salads and stir-frys.